

Witley C of E Infant School



Learn, love and flourish together

Newsletter no. 2 - Autumn Term

Friday 13th September 2024



Our value this term is friendship

“Encourage and help each other” - 1 Thessalonians 5v11

Target attendance for the Year 95%

This week's attendance is 99.3%

Dear Parents/Carers and Children

Welcome to our new Dolphins who have had an extremely busy week. The children have joined in with break time in the morning and afternoon and joined the rest of the school for lunch. They have already been learning letters and sounds, writing their names and making new friends.



Meet the Teacher

Next week we have organised our 'Meet the Teacher' sessions for Years 1 and 2 in your child's class. We will open the external class doors for you to come into the classes at 2.45 pm. You do not need to sign in at the office.

On Tuesday, 17.09 - Year 1 and Year 2 from 2.45 pm – 3.10 pm

On Wednesday, 18.09 - We are holding the EYFS Parents curriculum evening at 7.30 – 8.30 pm. Please come through the main playground gate and up to the Dolphins Classroom.



Harvesting our apples

This week both Year 1 and 2 have made individual apple crumbles in food technology. We picked the apples from our tree near the pond and all of the children, peeled and sliced the apples as well as making the crumble mix from scratch.

Some children hadn't used a peeler before so it was a really good learning experience, fortunately we had plenty of plasters! We explained to the children that it's a bit like learning to ride a bike, you fall off and graze yourself several times before you get it right.



Well done to the following children who are in the Gold Book this week

Year 1 – Teddy and Percy

Year 2 – Fiona and Henry

Headteacher's Gold Book award goes to:

Year R – All of Dolphins Class who have made such a great start

Year 1 – Billy

Year 2 – Samuel



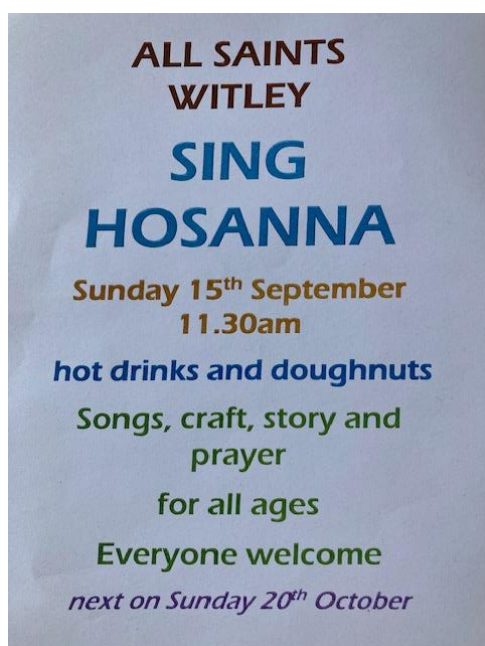
National Breakfast Week

Surrey County Council have sent through some information about this week's National Breakfast week, which is included at the end of our newsletter. Breakfast is often called 'the most important meal of the day'. Healthy breakfasts can help children get the nutrients they need for growth and development, reduce hunger and support learning.

Attached to our newsletter this week is information about our Home School Partnership. Please read through our guide as it will help us work together to improve the outcomes for all of our children.

Have a lovely weekend

Mrs Helen Szczepanski



Little saints baby & toddler group



Help! Our children are going to school!

New children needed to take over the group

Let the children play while you chat and drink tea

Where: All Saints Church,
Witley (opposite Witley infants
school)
Use main church door.

When: Every Friday 9-10:30
(term time and holidays)

Who: Mums, Dads,
Grandparents, childminders,
siblings, everyone welcome!

We have:

- ✓ Wonderful helpers
- ✓ Tea/Coffee
- ✓ Toast
- ✓ Toys
- ✓ Singing



Suggested
donation
£1 per family



SCHOOL CALENDAR

DAY	DATE	ACADEMIC YEAR 2024 -25
Week beg. Mon 16.09		Year R children encouraged to stay until 3.15 pm
Tues	17.09	KS1 – Year 1 and Year 2 ‘Meet the Teacher’ parent meeting in classrooms – 2.45 pm – 3.10 pm
Weds	18.09	Year R parents/carers invited to our EYFS Curriculum evening 7.30 – 8.30 pm in EYFS classroom
Fri	27.09	Year 2 Macmillan Coffee morning 9.05 am – Jubilee Hall, all parents invited
Tues	08.10	Individual photographs (formal) - pre-school children welcome (details to follow)
Thurs	10.10	Flu vaccinations for pupils – details will be emailed separately
Fri	11.10	Harvest Service at All Saints (PUPILS ONLY/PARENTS ASSEMBLY on THURS 17th October)
Mon	21.10	Harvest Festival at 2.15 pm in the Jubilee Hall, followed by Open Classroom at 2.45 until 3.30 pm

Tues	22.10	Parent Consultations – all year groups – 3.30 – 6 pm (details to follow)
Weds	23.10	Parent Consultations – all year groups – 3.50 – 7.20 pm (details to follow)
Fri	25.10	INSET Day no. 3
		AUTUMN HALF TERM 28 th October – 1 st November
Mon	04.11	First day back
Mon	11.11	Anti-bullying week wear something BLUE – Be Loving and Understanding to Everyone.
Fri	15.11	Come to school wearing an item that is blue – socks, hair accessory, blue top!
Fri	20.12	1.05 pm LAST DAY OF TERM. PLEASE NOTE EARLIER FINISH
		CHRISTMAS HOLIDAY 23 rd December– 3 rd January 2025
Mon	06.01	First day back after Christmas
Thurs	13.02	3.15 pm LAST DAY OF TERM
Fri	14.02	INSET Day no. 4
		FEBRUARY HALF TERM 17 th – 21 st February 2025
Mon	24.02	First day of term
Thurs	06.03	World Book Day – Extreme reading competition and WBD costume day!
Fri	04.04	1.05 pm LAST DAY OF TERM. PLEASE NOTE EARLIER FINISH
		EASTER HOLIDAYS
Tues	22.04	First Day of term
Mon	05.05	BANK HOLIDAY MONDAY – SCHOOL CLOSED
Sat	10.05	WITSTOCK 2025
Fri	23.05	INSET Day no. 5
		MAY HALF TERM HOLIDAY 26 th – 30 th May 2025
Mon	02.06	First day of term

Mon	09.06	Year 1 Phonics Screening Check (all week)
Tues	22.07	1.05 pm LAST DAY OF TERM. PLEASE NOTE EARLIER FINISH

GOOD BREAKFAST GUIDE



A GUIDE TO HEALTHY BREAKFASTS FOR SCHOOL-AGED CHILDREN

Why is breakfast important for school-aged children?



Studies show that healthy breakfasts can benefit children's diet quality, body weight and can support learning.

Many school-aged children skip breakfast.

Missing out on a nutritious breakfast can make it harder for children and young people to get enough of the nutrients they need.



WHAT DOES A GOOD BREAKFAST PROVIDE?

Nutrient	Function	Examples
Carbohydrate	Provides energy to support growth, activity, learning and development after the overnight fast	Starchy foods like cereals and breads
Protein	Needed for healthy muscles and for bone development in children	Beans, eggs, milk, yogurt, cheese
Fibre	Important for a healthy gut and for long-term health	Wholegrain cereals, wholemeal breads, fruit, vegetables, beans
B vitamins	Help release energy from food and support the nervous system	Fortified breakfast cereals, milk, yogurt
Vitamin C	Helps support the immune and nervous system and important for healthy skin	Fruit (e.g. citrus and berries) and some vegetables (e.g. tomatoes and peppers)
Calcium	Needed for growth and development of bones in children	Milk, cheese and yogurt. If serving plant-based versions, choose those fortified with calcium
Iodine	Needed for cognitive function and healthy growth in children	Milk, cheese, yogurt and eggs
Iron	Needed for cognitive development in children and for healthy red blood cells	Fortified breakfast cereals, wholemeal breads, dried fruit
Zinc	Needed for cognitive function, healthy skin and to support the immune system	Wholegrain breakfast cereals, wholemeal breads

WHAT MAKES A GOOD BREAKFAST?

Starchy foods (wholegrain where possible)



- Lower-sugar breakfast cereals, ideally wholegrain and higher fibre
- Porridge or oats
- Bread or toast – ideally wholemeal or 50/50
- Bagels, rolls or pitta breads – ideally Wholemeal or 50/50

Fruit and vegetables



- Bananas
- Apples
- Oranges/easy peelers
- Berries (fresh or frozen)
- Canned fruit, in juice not syrup
- Dried fruit such as raisins, apricots or prunes
- Tomatoes
- Cucumber
- Vegetable sticks such as pepper or carrot

Protein and dairy



- Milk
- Yogurts and fromage frais (lower or no added sugar)
- Reduced fat soft cheese
- Baked beans
- Eggs

Drinks



- Water
- Milk
- If providing plant-based milk alternatives, choose unsweetened ones that are fortified with calcium

Fruit juice should be kept to 1 small glass a day. Water and milk are best at breakfast.

Limit/avoid sugary cereals, cakes, pastries, jams, sugar, honey, syrups and juice drinks.

Consider food allergies and cultural, religious or vegan diets. Check labels for food allergens.

Present food well and serve in clean, calm and attractive surroundings.

- Wholemeal bagel with reduced fat cream cheese and sliced fruit
- Wholegrain cereal with sliced banana, raisins and milk
- Wholemeal toast with baked beans and sliced pepper
- Wholemeal roll with sliced boiled egg, cherry tomatoes and orange segments
- Porridge or overnight oats with frozen berries or dried fruit
- One pan shakshuka with canned beans, chopped tomatoes, peppers and eggs
- Scrambled eggs or omelette with mushrooms, sweetcorn and wholemeal toast
- Baked oats made with fresh or dried fruit



Some examples of healthy breakfasts



For more information about nutrition for children go to www.nutrition.org.uk
A summary of the breakfast report is available [here](#)



**Unlock your child's potential
at Stagecoach Godalming**

Free
Trial!

Friday 20th September at St. Hilary's School, Godalming

or

Saturday 21st September at St. Catherine's School, Bramley

**To claim your FREE trial session, of Early Stages or Main Stages:
email godalming@stagecoach.co.uk with 'free trial' in the
subject line.**

www.stagecoach.co.uk/godalming

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